



Dear Reader

Spending as much time as we do in airports and channel tunnels, it is inevitable that one overhears dozens of travellers chatting and discussing the issues that have impacted on them personally.

I always rather enjoy getting this "temperature reading" for the parts of the world I spend time in, but I was struck earlier this year by the global horror at every level for what had happened in the earthquake that devastated so much of Haiti.

Within days of the earthquake, DJO Incorporated, through its affiliation with Advamed, had partnered with **PROJECT HOPE** and donated a range of our products to help aid those injured during the recent earthquake. In its largest product donation to date, DJO has continued to transport braces and supports to Haiti through the US Navy along with their medical staff, the medical staff from PROJECT HOPE and a team of medical volunteers.

Time has passed since then and now it seems everyone is talking about The World Cup. Inevitably injuries abound in the increasingly demanding training schedules and it was sad to see David Beckham missing his World Cup place with the England squad following his Achilles Tendon Tear. Hopefully the Aircast XP will speed his recovery - it certainly seemed to help Wayne Rooney get back quickly from his ankle injury.

At DJO we are busy preparing for **ESSKA 2010** in Oslo next month where our Recovery Sciences team will join us to support ESSKA with their extended PT Programme.

We are also very proud to be introducing two new 'Current Concepts' books of DJO publications (www.DJOpublications.com) written by the world leading experts in their field - so don't forget to take the vouchers in your delegate bag and redeem them at our Booth.

I hope you enjoy reading our latest eNews and look forward to seeing some of you at ESSKA. And remember, we always like to hear from you so if you have news to share, please [contact us](#).



Lieve Vanden Berghe
Senior Vice-President, International Marketing

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IN THE SPOTLIGHT

Compex continues to stimulate growth



The name COMPEX, known for years to health and sports team professionals alike, has just launched its new consumer website displaying their full range of electro-stimulation products to the global market - www.compex.info.

Many of the Compex products feature the "Muscle Intelligence" system (or Mi for short), which automatically personalises the stimulation settings depending on the physiology of each user. It is this systematic personalisation that makes for a more comfortable and more efficient workout with improved recovery. The **Compex mi-SPORT** for example is used extensively by the one of the world's most successful competitive cycling teams, HTC Columbia (see **Q&A**) and MX World Champion, Antonio Cairoli.

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AVAILABLE NOW

- ➔ [Antonio Cairoli Poster](#)
- ➔ [Bracing & Support Catalogue](#)
- ➔ [Kristi Richards Poster & Postcard](#)
- ➔ [Diabetic Catalogue](#)
- ➔ [Stefan Everts Poster & Postcard](#)
- ➔ [Paediatric Catalogue](#)

SPEAKERS CORNER

Announcement from EFOST



EFOST 2010 – the place where European orthopaedic surgeons with a special affinity for sports traumatology gather to exchange their latest knowledge and techniques!

EFOST 2010 (Brussels 25th-27th November) promises to be the year's leading meeting on sports traumatology and will focus on osteoarthritis in the young patient and first time shoulder dislocation. The Congress will provide in-depth education from key opinion leaders in a variety of learning formats and will feature the best learning and networking opportunities for all sports trauma specialists and allied professionals.

MEET DJO

- ESSKA Congress, Jun 09-12 Oslo
- Annual GOTS Congress, Jun 18-12 Munich
- SICOT/SIROT AIC, Aug 31 - Sept 3

- AGA Congress, Sept 09-11 Vienna

- ETRS Congress, Sept 15-17 Ghent

- ICRS World Congress, Sept 26-29 Barcelona

Q & A

Q&A with Dr. Helge Riepenhof

Ranked the number one cycling team in the world by Eurosport, HTC Columbia is the world's most winning team in Pro Cycling today. Thirty-nine men and women from 17 nations make up this extraordinary team which has won 312 races since 2008. Last year, the team achieved 132 victories with 22 different athletes. Keeping them on the road requires more than just good bikes and physical fitness. Enter Dr. Helge Riepenhof, Head Team Doctor of the HTC Columbia cycling team...



After studying in Osnabruck and Munich, including a special project with Harvard Medical School, Dr. Helge Riepenhof joined HTC-Columbia in 2007. As Head Team Doctor, Dr. Riepenhof co-ordinates a team of leading orthopaedic surgeons from BG Hospital in Hamburg, Germany, which specializes in trauma surgery, orthopaedic sports and rehabilitative medicine and is one of the leading hospitals for sports traumatology. Dr. Riepenhof and his team specialize in sport-related injuries and recovery methods to bring the latest techniques to the HTC Columbia athletes. For the 2010 and 2011 seasons, Compex is a proud partner of team [HTC Columbia](#).

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TESTIMONIAL

NHL referee braced for new season

For Canadian Dave Jackson, 45, of Montreal, fitness is a key factor in fulfilling his role as one of the National Hockey League's 33 referees. He can spend numerous hours a month during the season officiating in rinks across Canada and the US. To keep fit between games, NHL officials all follow gruelling off-ice fitness programmes. Last year, two months into the 2009/2010 season, Dave injured both his MCL and ACL in a freak collision with a player. Here Dave explains how DonJoy's most popular knee brace has helped get him back to doing the job he loves.

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PARTNERSHIP PROGRAMMES

DJO Education supports new series of educational events for Senior SEM Practitioners

Professor Nicola Maffulli, Centre Lead, QMUL Centre for Sports and Exercise Medicine (CSEM), has launched a programme of events 'Sport and Exercise Medicine for London 2012' in association with [DJO Education](#). They aim to provide senior UK and overseas SEM practitioners, including Fellows and Members of the UK and Irish Faculties of Sport and Exercise Medicine, with a unique forum of high level, interactive interdisciplinary meetings.

TOP  | [READ MORE >](#)**2009 EFAS-DJO Travelling Fellow reports on his Whistle Stop Tour to the States**

Maneesh Bhatia, Consultant Orthopaedic Surgeon at University Hospitals of Leicester, has submitted a Twitter-style diary on his EFAS-DJO Travelling Fellowship trip to the States last November. Our thanks go to [EFAS](#) and the US hosts who are participating in this Fellowship programme.

Saturday 31st October 2009: Working in UK till the last minute. Hurried packing the night before. Miserable weather in UK. Looking forward to some sunshine.

TOP  | [READ MORE >](#)**Kristi Richards ends Season with Gold**

With the Winter Olympics behind them, the winter sports athletes still had a round of National and World Championships to contend with so we were delighted that Freestyle Skier Kristi Richards, one of the 'Faces of DJO', managed to find time to talk to us after she won The Canadian Championships in Calgary. We started by asking her how she felt after what must have been a very tough competitive year.

TOP  | [READ MORE >](#)**DJO Revs up for the 2010 MX GP Season**

With Antonio Cairoli winning the 2009 MX1 World Championship while using DonJoy Defiance III knee braces and 10 time world champion Stefan Everts acting as an Ambassador for Compex, DJO had a good year in Motocross Grand Prix racing. We are hoping 2010 will be even better than last year especially as we are supporting the official Honda Factory team and vice world champ Rui Goncalves.

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DonJoy sets new pace with Armor FourcePoint™

DonJoy's R&D department has spent the winter months rigorously testing our very latest rigid knee brace, the **Armor FourcePoint**, which promises to give even more ACL protection.

By combining two patented DonJoy technologies, the well established 4-Points-of-Leverage™ and the exclusive FourcePoint™ hinge technology, we are now able to offer one of the most powerful, clinically-proven solutions to protect the ACL.

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Achilles Tendinopathy and Cartilage Repair focus of two new 'Current Concepts in Orthopaedics' publications

Following the success of the first "Current Concepts in Orthopaedics" book on "Achilles Tendon Rupture" launched at ESSKA 2008, the Achilles Tendon Study Group (ATSG) proudly launches its second book on "Achilles Tendinopathy". This book, along with "Current Concepts in Cartilage Repair" will be introduced at **ESSKA 2010** in Oslo this June and are both published by **DJO Publications**, an official publishing house and a division of DJO Incorporated.

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DonJoy's custom Defiance marks its millionth brace

All too often, people bandy the word "million" around as though it was some insignificant number but when our Bracing and Supports group had manufactured their one millionth custom Defiance knee brace, we marked the event with a special unveiling and signing of the milestone brace at our World HQ in Vista, California. Among the guests who joined DJO's President and CEO Les Cross were US Olympic Ski team freestyle mogul skier, Shannon Bahrke, San Diego Chargers defensive end, Shawne Merriman – both Defiance users - and Vista Mayor Pro Tem, Judy Ritter.

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A new wave of therapy is reaching our shores... Discover the new INTELECT RPW

DJO's latest therapy for the treatment of musculoskeletal, neurological and soft tissue disorders from their CHATTANOOGA brand.

Chattanooga is proud to introduce their latest innovation, the Intellect RPW. Decades of experience in the design and manufacture of rehabilitation devices, has resulted in a radial pressure wave unit that is revolutionary in design, style and application.

The INTELECT RPW comes with an abundance of features not found on any other radial pressure wave units in the market. Despite the list of impressive features, the user interface is remarkably intuitive and simple to use.

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With you Every Step of the Way at ESSKA 2010

The **ESSKA Congress** (Oslo June 9-12 2010) has always been an important meeting for us and our team is busy preparing for this year's event at which we have stepped up our involvement by supporting the extended **4th Physical Therapy Programme**. We will also be presenting an award to the winner of the new DJO Research Award for the 'Best Free PT Paper' presented during the Congress.

You will be able to pick up two new "Current Concepts in Orthopaedics" publications from our Booth using vouchers in your delegate bag. These are "Current Concepts in Achilles Tendinopathy" by the Achilles Tendon Study Group (ATSG) and "Current Concepts in Cartilage Repair" by Professor Brittberg together with the ESSKA Cartilage Committee. These are published by **DJO Publications**, an official publishing house and a division of DJO Incorporated.

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