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DJO eNews Summer 2009



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Dear Reader

With the days getting longer again the DJO teams have been going out and about to see the DJO product ranges in situ and how they are helping people out in all sorts of extreme activities or during medical recovery.

In the States, Steve Wozniak (co-founder of Apple) was spotted wearing an **Aircast Walker** after he suffered a spiral fracture in his left fibula. Steve was competing in the glamorous "Dancing with the Stars" TV extravaganza where he was partnering Karina Smirnoff during an ambitious Argentine Tango!

Meanwhile Frederik, Crown Prince of Denmark, fractured his leg while sleighing with his children in the Alps. To help him continue with his gruelling schedule the Prince was seen wearing a **DonJoy Nextep Contour II Walker** at a Royal Gala hosted at Christiansborg Palace in Copenhagen.

But it's to our very own DJO 'celebrity' that we would like to pay tribute. Kirsten Damgaard, one of our longest serving and most meritorious employees, retired last month. Kirsten worked relentlessly for 21 years building up the bracing and support business in **Denmark** and the Nordic countries. We take this opportunity to thank her for all the passion, personal commitment and energy that she devoted to the DJO business in the Nordic region, where she was the driving force in establishing DonJoy as the leading brand in its sector!

We wish Kirsten all the best in her new life that will finally allow her to catch up with her grand children and work on her golf handicap! Good Luck, Kirsten and many thanks!

Our summer newsletter has lots of interesting new developments which I hope demonstrates how DJO continues with its commitment to "never stop getting better".

Enjoy the summer!

Lieve Vanden Berghe

Vice-President, International Marketing

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IN THE SPOTLIGHT

DonJoy knee braces auctioned for Abruzzo Earthquake Appeal

In April, two Faces of DJO, champion MX riders, **Tony Cairoli** and **Stefan Everts** supported a special MX fundraising initiative for the Abruzzo Earthquake Emergency.

AVAILABLE NOW



MX Posters



The devastating earthquake hit Abruzzo on 6th April, killing around 280 people, injuring over 1,000 and leaving over 48,000 people homeless.

Ten times World Champion Everts and double World Champion Cairoli attended a special MX media event to launch "More than **Dirt-Motocross Supporting Abruzzo**" at the Benelux GP in Valkenswaard initiated by Italian specialist MX media group MxNews.net.

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RESEARCH IN THE FIELD

Is there help for Restless Legs Syndrome?



A study in Washington by Christopher Lettieri MD and Arn Eliasson MD has used the **Aircast VenaFlow** to try and ascertain the efficacy of a Pneumatic Compression Device as a nonpharmacologic treatment for RLS (restless leg syndrome).

Current thinking is that pharmacotherapy for RLS may be ineffective or complicated by side effects: recent experience has shown that pneumatic compressive devices (PCDs) may improve symptoms associated with RLS.

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How long should we immobilize a shoulder after dislocation?



DonJoy Ultrasling ER 30° was tested using 22 patients with traumatic antero-inferior dislocation of the glenohumeral joint. The study published in the American Journal of Sports Medicine in March 2009 wanted to assess position, reduction and mobility of the displaced antero-inferior labrum over varying lengths of immobilization.

Immobilization of the shoulder in external rotation has been shown to reduce the risk of recurrence after traumatic antero-inferior shoulder dislocation, but it remains unclear how duration of immobilization affects labral coaptation.

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MEET DJO

- AOA, September 11-16 Cairns, Australia
- BOA, September 15-18 Manchester, UK
- AGA, September 17-19 Leipzig
- EASD, Sep 27-1 Oct Vienna
- EFSMA, October 14-18 Antalya

Q & A



Q and A with Dr Michael A. Rauh, Clinical Assistant Professor in Orthopedic Surgery at the State University of New York, Buffalo

This Spring saw the end of the first two trips organised as part of the **EFOST** travelling Fellowship so we thought it would be interesting to speak to one of the host representatives who was instrumental in making the latest fellowship such a success. Michael Rauh MD an eminent orthopaedic specialist (Clinical Assistant Professor in Orthopedic Surgery) specialising in Sports Medicine at the State University of New York, Buffalo, talked to us about what has influenced his career, his interest in Sports Medicine and how he has become involved with **EFOST**.

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TESTIMONIAL

Mountain Bike world champion, Cedric Gracia, uses braces on road to recovery

Mountain Bike 4-Cross and Downhill Champion Cedric Gracia (CG) spectacularly crashed out of the World Cup Downhill semi-final half an hour before the race during



practice at La Bresse in France last month.

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MX Double World Champion Antonio Cairoli advocates 'Safety First'

Antonio Cairoli is one of the most talented riders there has ever been. The double world champion motocross rider has a spectacular style and impressive speed. He won the MX2 world title in 2005 and 2007. 2008 looked as if it was going to be Antonio's year again, but a knee injury sidelined him at mid season. After an ACL operation, 'Tony the Tiger' was super motivated to get back where he belongs: at the top.

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PARTNERSHIP PROGRAMMES



Are you eligible for the ESSKA-DJO Research Grant 2010?

As part of our ongoing commitment to 'never stop getting better' we collaborated with ESSKA in 2000 to set up the biannual **ESSKA-DJO** Research Grant to encourage innovative scientific work in the field of Sport Traumatology and Rehabilitation. Winners to date have included Nicola Maffuli (UK), Uffe Jorgensen (Denmark) and Antonio Marmotti (Italy).

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EFOST 2009 Travelling Fellows report on their recent US tour

DJO sponsor **EFOST's** European and US Travelling Fellowships in alternate years. In this report, Dr Mike Carmont (UK) and Dr Omer Mei-Dam (Israel) are sharing with us their experience from their US tour which started at AAOS in Las Vegas in February.

We were both delighted to be selected as Travelling Fellows of the European Federation of National Associations of Orthopaedic Sports Traumatology (EFOST) at the meeting in Antalya in November 2008.

We are both young surgeons involved in team sports in our respective countries, have completed formal Fellowship positions and were once involved in sports ourselves. I am a keen mountain biker and runner and Omer a well known extreme sports athlete performing base jumping, skydiving, skiing and rock climbing.

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DJO COMPANY NEWS

Cartilage repair moves on...

Following the success of DJO Publications' first book, 'Current Concepts in Achilles Tendon Rupture', work has started on a second publication, 'Current Concepts in Cartilage Repair', scheduled for release at ESSKA 2010 in Oslo.



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Chattanooga picks up “Spirit of Innovation” award for groundbreaking critical care rehab platform

Congratulations to Chattanooga whose recently launched Moveo XP won this year’s Kruesi Spirit of Innovation award earlier this month for the most outstanding innovation in new products within the Chattanooga (Tennessee) region.

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SPEAKERS CORNER



ESSKA launch new interactive website

ESSKA is proud to announce the launch of their new [website!](#)

Building on its established scientific foundations including the biannual congress and the scientific journal Knee Surgery, Sports Traumatology and Arthroscopy (KSSTA), last year, ESSKA decided to improve its online presence.

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